



BICYCLE SAFETY checklist

expand

A Checklist for All Bicycles		Needs Work	OK
Wheels	Do the wheels spin properly?	<input type="checkbox"/>	<input type="checkbox"/>
	Are wheels centered and secure in frame?	<input type="checkbox"/>	<input type="checkbox"/>
	Is the wheel rim round when spun?	<input type="checkbox"/>	<input type="checkbox"/>
	Do the wheels run properly, without wobbling?	<input type="checkbox"/>	<input type="checkbox"/>
Tires	Any bulges, cuts, worn or bald spots?	<input type="checkbox"/>	<input type="checkbox"/>
	Are the tires firm?	<input type="checkbox"/>	<input type="checkbox"/>
	Is the tread good?	<input type="checkbox"/>	<input type="checkbox"/>
Brakes	Are they working and secure?	<input type="checkbox"/>	<input type="checkbox"/>
	Cables and casings in good shape?	<input type="checkbox"/>	<input type="checkbox"/>
	Do the brakes stop the bike quickly and smoothly?	<input type="checkbox"/>	<input type="checkbox"/>
Spokes	Are the spokes right and in place?	<input type="checkbox"/>	<input type="checkbox"/>
	Are the spokes unbroken? (If the spokes are tight, they will make a high pitched noise when plucked.)	<input type="checkbox"/>	<input type="checkbox"/>
Chain	Is the chain in good condition?	<input type="checkbox"/>	<input type="checkbox"/>
	Has the chain been lubricated?	<input type="checkbox"/>	<input type="checkbox"/>
	Is the chain clean?	<input type="checkbox"/>	<input type="checkbox"/>
	Does the chain fit snugly and have the proper tension?	<input type="checkbox"/>	<input type="checkbox"/>
	(It should fit snugly, with no more than 1/2 inch slack. If links are rusted or frozen, the chain should be replaced.)	<input type="checkbox"/>	<input type="checkbox"/>
Pedals	Are the pedals secure?	<input type="checkbox"/>	<input type="checkbox"/>
	Do pedals turn easily without moving from side to side?	<input type="checkbox"/>	<input type="checkbox"/>
	Are the reflectors in place?	<input type="checkbox"/>	<input type="checkbox"/>
Seat	Is the seat adjusted?	<input type="checkbox"/>	<input type="checkbox"/>
	Is the seat secure?	<input type="checkbox"/>	<input type="checkbox"/>
	Is the seat parallel to the ground?	<input type="checkbox"/>	<input type="checkbox"/>
Handlebars	Are they straight and secure?	<input type="checkbox"/>	<input type="checkbox"/>

Frame	Is the frame clean?	<input type="checkbox"/>	<input type="checkbox"/>
	Is the frame small enough for rider?(Can straddle the bike with feet flat on the ground)	<input type="checkbox"/>	<input type="checkbox"/>
	Are nuts, bolts and fasteners tight?	<input type="checkbox"/>	<input type="checkbox"/>
	Is paint smooth and free of wrinkles? (Wrinkled paint may indicate frame weakness or damage.)	<input type="checkbox"/>	<input type="checkbox"/>
Lights	Does the bike have a white light in front, which is visible from 300 feet? (not required for this class)	<input type="checkbox"/>	<input type="checkbox"/>
	Is there a red light or red reflector in the rear, which is visible from 500 feet?	<input type="checkbox"/>	<input type="checkbox"/>
	Are the lights and reflectors clean? Are lights and reflectors firmly attached?	<input type="checkbox"/>	<input type="checkbox"/>

With your child, check the bike using this list.

If any items “Need Work”, please have them repaired before the first day of class.

Your child must have an appropriate size **helmet**.

If you have any questions or need assistance, please feel free to contact:

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Thank you !

www.bicicentro.org